

LEHI LEDGER

Lehi City, Utah | 153 North 100 East | (385) 201-1000 | www.lehi-ut.gov

October 2020

Message From Councilman Chris Condie Finding Compassion and Hope in our Community



Currently, there is tremendous upheaval, chaos, rioting, rhetoric, natural disasters, and violence all around. It can consume

our minds, create fear, change our behaviors, and impact our mental health. There are so many who say they have the answers to each of these problems. Who's right? Who do we trust? Who do we listen to? First, we need to know ourselves. If we are not honest with ourselves, if we are not taking care of ourselves, then life can feel like an impossible climb. I am here to say life does not have to be this way, and the climb is possible, but we all need help, love, compassion, and more concern for others than for ourselves. There is no shame in this, in fact there is comfort that comes from it.

During these chaotic times it is easy to get into survival mode for ourselves and our families. We become more emotional in our thoughts, and more protective of those we love. I GET IT! I have a wife and children who I love with all my heart, and who I think of constantly throughout the day. I worry for them, I hope for them, I dream for them, and I pray for them. I do the same for you who live and work in this great city too. With all this turmoil I believe,

with all my heart, there are more reasons to have hope than despair in our hearts.

I want to share a personal story with you. A story that would not have come to pass were it not for loving family, extended family, friends, neighbors and a community who loved and cared for me. They always had hope in me which gave me hope.

A few years ago, I concluded that I needed help. For several months, possibly years, I grew more irritable, I was not pleasant around my family, I was angry, and just plain mad. On top of all that I was exhausted, both mentally and physically. I had several discussions with my wife and family members, and with their love and compassion they helped me realize it was time for me to get help. Help I was reluctant to get. Help that I thought was taboo. Help that I believed was for others, not for me.

I scheduled appointments with medical professionals such as a psychiatrist, psychologist, and neurologist. These professionals began to educate me on how my mind works and processes information, how to handle anxiety, work through difficult situations, identify fears I had not completely dealt with, and what chemicals my body was lacking that medicine could maybe supplement. They provided me the information I needed to make an informed medical decision regarding my mental and physical health. Decisions that have changed the trajectory

Upcoming Events

- 10/06** City Council
7-9 p.m. @ City Hall
- 10/08** Planning Commission
7-9 p.m. @ City Hall
- 10/20** City Council
7-9 p.m. @ City Hall
- 10/22** Planning Commission
7-9 p.m. @ City Hall
- 10/30** Halloween Boo-thru
4:00 -7:30 p.m. @
Legacy Center

Visit www.facebook.com/lehicity for a full list of upcoming programs and events.



of my life forever. By no means am I perfect, not even close, but I am doing tremendously better. I am so thankful for loved ones who never gave up on me, and for medical professionals who educated me and allowed me to make informed decisions.

My eyes were opened as to how my behavior impacted my family, and my other relationships. I am striving each day to be a better man, husband, father, son, and friend. I help around the house more, I interact with my children more, and I care for my wife more. I try to be more aware of my neighbors and the community I live in. I have a deep desire to do what I can to help my fellow man.

Council's Message

Continued

I continue to learn more about myself. My likes and dislikes. What makes me tick, and what makes me happy. My relationship with my wife and children has grown and developed in ways that I have not known for a long time. And they too are getting to know their husband and dad in a new way.

We all have hurt. We each handle it differently. I believe we all need some form of help with managing our mental health. It's not taboo. It's not for everyone else. It's okay, and can help hope grow. Regardless, what matters is that we manage it and we do not let it take over our lives. Our mental health is just as important to our overall

being as is our physical health.

If you need help, please seek it out. If you see someone who is struggling, please reach out. This world is filled with enough pundits. What we need are family, friends, and a community who are willing to show kindness and concern. Know that you are not alone. Do not be afraid to reach out to family, friends, clergy and/or professionals. More LOVE, COMPASSION, HUMILITY, CHARITY, and HOPE is needed in our world and that need is NOW!

We live in a great time, in a great city, with a great community feel. Let's cherish it, let's communicate more with each other, listen to each other, and serve one another.

- Chris Condie

Senior Center

Upcoming Events

October Prize Drawing! During October 1-13 seniors can enter to win the monthly prize drawing. Enter by clicking a link on the Senior Center Facebook page or by picking up an entry form during drive-by lunches.

DIY Trip: The Haunted Mansion-Disneyland Ride:

October 5- a link will be provided on Facebook for this event.

BUNCO: October 14 a link will be provided on Facebook for this event

Monday Movie Mania: October 19 -Join us for popcorn with drive-by lunch. The link to watch will be on Facebook.

Birthday Celebration: October 23 -there will be a cupcake or treat with drive-by lunch. The link to watch will be on Facebook.

Flu Shot Clinic: October 28 -Open to all senior citizens. Come get a flu shot at the Legacy Center between 10 a.m.-noon. Must follow COVID regulations upon entering the Legacy Center.

DIY Event: Spooky Shindig: October 30- Must sign up by October 27 to receive a meal and kit. Drive by to pick up meal and kit between 11:30 a.m. -noon.

Drive-by Lunches: Seniors MUST call by at least noon the day before to reserve a lunch. Drive to pick up lunches between 11:30 a.m. -noon, donations accepted.

Weekly Offerings with Virtual Classes and Video Conferencing:

Check out our calendar or call the senior center for more information on our weekly classes. We offer Tai Chi, Crochet Club, Chair Yoga, Watercolor painting, Line dance and Bingo.

NOTE: On Columbus Day, October 12, the Senior Center will not serve Drive-by lunches.

I-15

Technology Corridor
LEHI MAIN STREET TO S.R. 92

A UDOT PROJECT


WE ARE ON THE HOME STRETCH


Visit our website at udot.utah.gov/techcorridor to see how to navigate the frontage road system and the redesigned interchanges.


Construction is on schedule and will be complete by the end of 2020.

By the end of 2020, crews will have completed the following:

- Widened I-15 to six lanes in each direction with new concrete pavement from Lehi Main Street to Timpanogos Highway
- Redesigned the interchanges at 2100 North and Timpanogos Highway
- Completed the frontage road system between 2100 North and Timpanogos Highway
- Smoothed out the concrete and bridge transitions, and added final lane striping
- Connected the new, local pedestrian and cyclist trails to a regional multiuse trail system







[@i15techcorridor](https://twitter.com/i15techcorridor)

Library News

Upcoming Events

Library Programming: We are excited about our online programming this fall. Please see our website for more information!

“Holds” Pickup: We are providing Holds Pick-up in the Lobby! See our website for current lobby hours. For information on how to place/pick up holds please go to our website. If you are having a hard time with the website, please call the library between 9 a.m.-7 p.m. Monday-Friday and we will be happy to assist you!

New: The Lehi Library is excited to offer a new learning resource! EBSCO LearningExpress! LearningExpress Library offers targeted learning centers, each with a collection of practice tests, tutorials, e-books, articles and flashcards! Achieve your goals in school, at work and in life! Happy learning!

For more information, please visit our website at www.lehi-ut.gov/recreation/library/.

Literacy Center

Upcoming Events

The weather is getting cooler and our Fall session programs have begun. Due to COVID-19, we have reduced the number of students in each class to safely social distance students.

We are very sad that we are still unable to take volunteer tutors at this time, but we are very grateful that we are able to be open to service students with reading and math tutoring.

Upcoming Dates

October 14 & 15: Fall Break (No classes)

October 19 & 20: No Classes
(due to Alpine School District PD Day)

November 17: End of the After-School Fall Session

November 18 & 19: Winter Session Open Registration for new students (1:00-5:30 p.m. both days)

Please watch our Facebook page for a link to sign up for an assessment time

November 25 & 26: Literacy Center Closed - Thanksgiving holiday

December 7: After-School Program Winter Session begins

December 7 : ABC program online registration opens for the January-May session

December 17: Last day ABC classes for the Sept-Dec session

December 21-January 5: Holiday Break – No classes

January 6: After-School classes start back

Water Department

Stormwater Systems

Autumn is drawing near, and the mountain sides are beginning to take on those beautiful colors we enjoy seeing every year. As these leaves eventually fall, they can create problems if they get into the gutters and clog the drain inlets.

As these drain inlets become clogged rainfall events can overwhelm our city’s stormwater system as rainwater gets backed up and can cause standing water



that damages roadways, creates a driving hazard, and may flood adjacent properties. While, Lehi City has full-time crews doing their best to keep the gutters and storm drains clear of leaves and debris; we cannot keep up with all of leaves that fall this time of year and need your help.

What can you do to help? You can help by keeping leaves and debris from your yard out of the street and away from the storm drains. If you notice leaves or other debris clogging the drains, please take a few minutes to clear them. When the leaves wash down the street and into the storm drain, they make their way into rivers and lakes where the nutrients will feed unwanted algae growth next summer. This can limit recreational activities, create potential health risks, and limit the dissolved oxygen in the water for fish to breath.

While the leaves are a problem for the gutters and drains, they can be a benefit for your yard. You can mow over dry leaves using a mulching blade and leave them in place to provide nutrients for your lawn. They can also be spread over your garden and flower beds and tilled in to decompose and restock the soil with nutrients and organic matter which will provide a healthier soil for your flowers and vegetables next year. You can also rake up and bag the leaves to prevent them from clogging the storm drains. Thank you for your help!

Contact Lehi City

City Hall: (385) 201-1000

Legacy Center: (385) 201-2000

Police: (385) 201-1005

Fire: (385) 201-1081

Library: (385) 201-1050

Power: (385) 201-1040

Streets: (385) 201-1900

Utilities: (385) 201-1010

Water: (385) 201-1900

Literacy Center: (385) 201-1060

Senior Center: (385) 201-1065



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www.lehi-ut.gov

Lehi City Halloween BOO THRU October 30th

At the Legacy Center

Join us on October 30 for a night full of trick-or-treating around the outside of the Legacy Center. It's an **Everything Halloween Boo Thru**. Trick-or-treating will be a safe, clean and free Halloween event for families to enjoy together this season.

Time: 4:00-8:00 pm

Fee: FREE with an online reservation

NEW! Reservations Online

Reservations for the Boo Thru will open online on October 1. Reservations will be available for every 30 minutes from 4:00-7:30pm on October 30. Register your family early, space is limited!

For more details or questions about this event call the Lehi Legacy Center at 385-201-2000



Coloring Contest

This year the coloring contest will be held online. The theme is **Everything Halloween**. Prizes will be given to the top 3 winners of each age group. Pick up entries at the Legacy Center or download them online at www.lehi-ut.gov/legacy-center/. This is a great way to have some Halloween fun with your little ones!

Starting October 1, 2020.

Aquatics

School Year Schedule

August 25, 2020– May 29, 2021

Hours: Monday-Friday, 9:00 a.m. to 8:50 p.m.

Saturday, 9:00 a.m. to 7:50 p.m.

For Aquatic Center hours of operation, including the leisure pool and lap pool go to www.lehi-ut.gov/discover/legacy-center/aquatics-center. See water aerobics flyer for class info. Membership or daily fee required for all classes.

Outdoor Pool is closed for the season

Private Pool Rentals

Leisure Pool and 1/2 Lap Pool available for rent Monday-Friday 9:00-10:50 p.m. or Saturday, 8:00-9:50 p.m. Cost: \$350. Great for family or group parties. Call (385) 201-2320 to reserve (reservations must be at least two weeks in advance).

To be added to our weekly lap lane schedule, please email Ashelee Lewis at aslewis@lehi-ut.gov

Family Swim Lessons/Adult Lessons

Session	Dates
Session 2	September 28- October 8
Session 3	November 2-12
Session 4	November 30- December 10

Bunco Night!!

Its BUNCO night! We are so excited to bring you a brand new way to have fun with your friends at the Lehi Legacy Center. Whether you're new to the game or an old pro, everyone 14yrs. & older are welcome! So grab your friends and loved ones and join us for a great night of fun, food, and prizes. A Special *Thank You* to Chick-fil-A for sponsoring this event!
November 6, 2020

Sports

Jr. Jazz Basketball 3-12

(Grades 3-8)

Open Registration Begins: September 1
Registration Deadline: October 21

Grades 3-4 Fee: Res.-\$45; Non-Res. \$61

Grades 5-6 Fee: Res.-\$57; Non-Res. \$77

Grades 7-8 Fee: Res.-\$70; Non-Res. \$95

(Grades 9-12)

Open Registration Begins: October 1
Registration Deadline: November 11

Games start in December. Games played weeknights & Saturdays

Team Fee: Res.-\$625; Non-Res. \$750

Mens Basketball

Adults 18 and older.

Resident Registration Begins: October 1
Open Registration Begins: November 1

Registration Deadline: December 9 or until full.

Games are played Wednesday evenings, January-April. Includes a 12-game regular season and double-elimination tournament. Fee per team: Res.-\$775, Non-Res.-\$930.

Fall Basketball Camp

Open Registration Begins: September 14

Registration Deadline: October 28

Boys Grades 3rd-8th (2020-2021 School year)

Camp runs Oct. 26, 28 and Nov. 2, 4;

Fee: \$50

Programs

Fall Legacy Dance Classes

Ages 18months to 14yrs. World Dance and Hip Hop classes for boys and girls and many other styles. Classes run monthly.

Fall Legacy Cheer Classes

Ages 3- 12. Monthly! Great class for girls and boys that want to try cheerleading.

Itty Bitty All Ball

Ages 3yrs & 4yrs. Class starts Nov. 2
Classes are Monday/Wednesday/Friday or Tuesday/Thursday. Includes 6 classes, t-shirt and treat.

Fall Pre-School

Monthly. M/W/F from 9:30-11:30am (advanced) OR 1-3pm. T/TH from 9:30-11:30am OR 1-3pm. 2 Days Fee: Res.-\$78; Non-Res.-\$94 3 Days Fee: Res.-\$97; Non-Res.-\$116 monthly rates. (one time \$30 material fee)

Ski and Snowboard School

Registration starts October 1 until full. Only 50 spots, transportation provided.

Concealed Weapons

Class for 18yrs & older.
Saturday September 12, October 17 or November 23.

Youth Entrepreneur Market

November 7; Ages: 8-15yrs.
Fee: \$10 booth fee
Space is limited, sign up today!



Follow the Legacy Center!
www.facebook.com/lehilegacycenter