



# ADULT MASTERS SWIMMING

FALL 2023

## QUICK FACTS

WHERE .....Lehi Legacy Pool  
 WHO .....Ages 16 yrs and up  
 WHEN .....Monday, Wednesday,  
 and Friday mornings  
 TIME .....5:00 a.m.-6:00 a.m.  
 FEES .....Resident \$36  
 Non-Resident \$49

## ADULT MASTERS SWIM TEAM

This Masters swimming is an organized adult swim workout for those 16 yrs and older who are *advanced swimmers*.

## PARTICIPATION REQUIREMENTS

In order to participate on the Adult Masters Swim team, swimmers must:

- Be proficient in the freestyle and able to swim 500 yards continuously.
- Must be evaluated by coach.

## REGISTRATION

Register at the Legacy Center Registration Office during normal business hours or online at [www.lehi-ut.gov/legacy-center](http://www.lehi-ut.gov/legacy-center). Registration fee is non-refundable, non-transferable.

SESSION	DATES	REGISTRATION STARTS
Session 1	Sept. 1, 4, 6, 8, 11, 13, 15, 18, 20, 22, 25, 27, 29	August 15
Session 2	Oct. 2, 4, 6, 9, 11, 13, 16, 18, 20, 23, 25, 27, 30	August 15
Session 3	Nov. 1, 3, 6, 8, 10, 13, 15, 17, 20, 22, 24, 27, 29	August 15
Session 4	Dec. 1, 4, 6, 8, 11, 13, 15, 18, 20, 22, 25, 27, 29	August 15

## MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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## EQUIPMENT REQUIREMENTS

- Fins
- Pull Buoy
- Paddles
- Center mount snorkel (optional but highly recommended)

**\*For more information and for evaluation, please contact Diane Peterson [dipeterson@lehi-ut.gov](mailto:dipeterson@lehi-ut.gov)**

**10% off**  
Registration with a Legacy Center membership.

LEHI LEGACY CENTER  
123 North Center Street  
385.201.2000  
[www.lehi-ut.gov/legacy-center](http://www.lehi-ut.gov/legacy-center)



REGISTRATION HOURS  
Monday-Friday  
8 a.m. to 6 p.m.  
or register online.