

# ADULT T/TH MASTERS SWIMMING

**FALL 2023** 

**UICK FACTS** 

WHERE .....Lehi Legacy Center
Pool

WHO .....Ages 16 yrs and up

WHEN ......Tuesday and

Thursday mornings

TIME.....10:00 a.m.-11:00 a.m.

FEES .....Resident \$24

Non-Resident \$28

### REGISTRATION

Register at the Legacy Center Registration Office during normal business hours or online at <a href="https://www.lehi-ut.gov/legacy-center">www.lehi-ut.gov/legacy-center</a>. Registration fee is non-refundable, non-transferable.

## MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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## **ADULT MASTERS SWIM TEAM**

This Masters swimming is an organized adult swim workout for those 16 yrs and older who have the basic knowledge of swimming.

## **PARTICIPATION REQUIREMENTS**

In order to participate on the Adult Masters Swim team, swimmers must:

- Be proficient in the freestyle and able to swim 300 yards continuously.
- Must be evaluated by coach.

SESSION	DATES	REGISTRATION STARTS
Session 1	Sept. 5, 7, 12, 14, 19, 21, 26, 28	August 15
Session 2	Oct. 3, 5, 10, 12, 17, 19, 24, 26, 31	August 15
Session 3	Nov. 2, 7, 9, 14, 16, 21, 28, 30	August 15
Session 4	Dec. 5, 7, 12, 14, 19, 21, 26, 28	August 15

### **EQUIPMENT REQUIREMENTS**

- Fins
- Pull Buoy
- Paddles
- Center mount snorkel (optional but highly recommended)

\*For more information and for evaluation, please contact Diane Peterson dipeterson@lehi-ut.gov

> 10% off Registration with a Legacy Center

LEHI LEGACY CENTER
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vww.lehi-ut.gov/legacy-center

