



# KID FIT

## QUICK FACTS

WHERE ..... North gym  
 WHO ..... Ages 3-6yrs  
 DAYS ..... Monday -Friday  
 9:30-10:30 a.m.  
 FEES ..... \$2.50 per hour,  
 \$1.50 each  
 additional child

## LEGACY CENTER KID FIT

Enjoy the benefits of working out while your little ones work out in a group setting with children their own age.

Each class is taught by a certified fitness instructor. Classes are designed to teach health, fitness, and safety skills through games, dance, and movement. Children will learn to interact with others, develop gross motor skills, and learn how to take care of their body in both nutrition and movement.

## REGISTRATION

There is no registration for this area. You must fill out paperwork the first time your child attends Kid Fit. See front desk attendant for more details.

## MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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LEHI LEGACY CENTER  
 123 North Center Street  
 385.201.2000  
[www.lehi-ut.gov/legacy-center](http://www.lehi-ut.gov/legacy-center)



# RECREATION

REGISTRATION HOURS  
 Monday-Friday  
 8 a.m. to 6 p.m.  
 or register online.

## Kid Fit

*\* The KID FIT class is a pre-paid class for children ages 3-6, who are fully potty trained and not in pull-ups. A wristband is required and can be purchased at the front desk. Fee: \$2.50/1st child; \$1.50/additional children.*

*\* For the safety of the children, equipment, and staff, class size is 16; however, at times, because of minimal space, we may limit the class size to 8 children. During the busy times of the year, we may increase the class size to 24.*

*\* Please help your child come dressed to PLAY! Avoid: Boots, flip flops, long dresses, toys, and food.*

*\* Please do not bring a sick child into class. This includes a fever, a runny nose or coughing. Please use hand sanitizer at the beginning of class.*

*\* Check-in begins at 9:20 am. Kid Fit is an hour-long class and ends at 10:30. Please have your child picked up no later than 10:35am.*

*\* Parents must stay on the Legacy Center premises while their child is participating in the Kid Fit class. Parents that want to observe their child during class time can do so from the mezzanine.*

**THANK YOU!**

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