



ADULT MASTERS SWIMMING

WINTER 2024

QUICK FACTS

WHERELehi Legacy Pool
 WHOAges 16 yrs and up
 WHENMonday, Wednesday,
 and Friday mornings
 TIME5:00 a.m.-6:00 a.m.
 FEESResident \$36
 Non-Resident \$49

ADULT MASTERS SWIM TEAM

This Masters swimming is an organized adult swim workout for those 16 yrs and older who are *advanced swimmers*.

PARTICIPATION REQUIREMENTS

In order to participate on the Adult Masters Swim team, swimmers must:

- Be proficient in the freestyle and able to swim 500 yards continuously.
- Must be evaluated by coach.

REGISTRATION

Register at the Legacy Center Registration Office during normal business hours or online at www.lehi-ut.gov/legacy-center. Registration fee is non-refundable, non-transferable.

SESSION	DATES	REGISTRATION STARTS
Session 1	Jan. 3, 5, 8, 10, 12, 15, 17, 19, 22, 24, 26, 29, 31	December 16
Session 2	Feb. 2, 5, 7, 9, 12, 14, 16, 19, 21, 23, 26, 28	December 16
Session 3	March 1, 4, 6, 8, 11, 13, 15, 18, 20, 22, 25, 27, 29	December 16
Session 4	April 1, 3, 5, 8, 10, 12, 15, 17, 19, 22, 24, 26, 29	December 16
Session 5	May 1, 3, 6, 8, 10, 13, 15, 17, 20, 22, 24, 27, 29, 31	December 16

MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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EQUIPMENT REQUIREMENTS

- Fins
- Pull Buoy
- Paddles
- Center mount snorkel (optional but highly recommended)

***For more information and for evaluation, please contact Diane Peterson dipeterson@lehi-ut.gov**

10% off
Registration with a Legacy Center membership.

LEHI LEGACY CENTER
123 North Center Street
385.201.2000
www.lehi-ut.gov/legacy-center



REGISTRATION HOURS
Monday-Friday
8 a.m. to 6 p.m.
or register online.