

# LEGACY CHEER

#### **WINTER 2025**

5	WHAT	Legacy Center Cheer
	WHERE	Lehi Legacy Center
	WHO	Ages 6-12 yrs.
	WHEN	Jan. 6- April 30
		Rehearsal: May 2
		Concert: May 3
	FEE	Monthly tuition plus
		One Time Session
		Fee of \$16

# REGISTRATION

Registration Starts December 1, 2024 Monthly Tuition: Due by the **20th** of each month for current cheerleaders to secure their spot for the next month. New cheerleader registration opens on the **26th** of each month. Pay monthly balance at the Legacy Center Registration Office during normal business hours or online at <u>www.</u> <u>lehi-ut.gov/legacy-center</u>.

#### \*\***Required** One Time Session Fee:

This is a non-refundable, non-transferable, each session fee. Fee is required again in Fall 2025.

# **MORE INFORMATION**



For more information contact the Legacy Center Front Desk at 385.201.2000.



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# CHEER PROGRAM

Does your child want to cheer? The Legacy Center is offering a Youth Cheer Program. This program, for ages 6-12 years, will improve your child's cheer, dance, and tumbling skills.

Program includes a performance at Willowcreek Middle School with the Legacy Dance Program.

Rehearsal & Concert: May 2 & 3

## Monday

AGE	TIME	CLASS LENGTH
Junior Stars 6-8 yrs.	4:00-4:40 p.m.	40 minute
Junior Allstars 9-12 yrs.	4:50-5:40 p.m.	50 minute
Junior Stars 6-8 yrs.	5:50-6:30 p.m.	40 minute
Junior Allstars 9-12 yrs.	6:40-7:30 p.m.	50 minute

## **Monthly Tuition**

CLASS LENGTH	RESIDENT	NON-RESIDENT
40 minute	\$41	\$49
50 minute	\$45	\$54
One Time Session Fee	\$16	\$16

#### **NO CLASSES**

February 17 (Presidents Day) March 31 (Spring Break) Other dates may apply

LEHI LEGACY CENTER 123 North Center Street 385.201.2000 www.lehi-ut.gov/legacy-cente

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#### **REGISTRATION HOURS**

Monday-Friday 8 a.m. to 6 p.m. or register online.

### **CHEER CLASS DESCRIPTION & WHAT TO WEAR**

#### Cheer 6yrs to 8yrs Old: Junior Stars

This group builds on the basics learned in Mini Stars and introduces even more motions (R/L diagonals, R/L L's, candlesticks, daggers, buckets). We will also introduce beginning tumbling and strength training skills. They will learn more advanced jumps (herkeys, toe-touches). These intermediate-level cheerleaders will perform in the Dance/Cheer Winter Concert. Clothing: Comfortable, movable clothing and tennis shoes. For your child's safety, please pull their hair back. No gum or jewelry, please.

#### Cheer 9yrs to 12yrs Old: Junior Allstars

This group builds on everything taught in Mini Stars and Junior Stars. They will continue learning even more motions (R/L K's, Bow & Arrow, Punch Across R & L, Low Punch Across R & L, O's), reinforcing clap vs. clasp. These more advanced cheerleaders will learn more advanced jumps (hurdlers). They also continue to work on more advanced tumbling skills and continue strength training. They will perform in the Dance/Cheer Winter Concert. Clothing: Comfortable, movable clothing and tennis shoes. For your child's safety, please pull their hair back. No gum or jewelry, please. We will not be doing traditional group cheer stunting. Instead, we use equipment to enhance balance, coordination, and flexibility as a flyer; specifically Libs on a platform, heel stretches on a platform, and scorpions on a platform—which will help prepare cheerleaders for future stunting. We will also dedicate time each week to work on tumbling skills. These more advanced cheerleaders will perform in the Dance/Cheer Winter Concert. Clothing: Comfortable, movable clothing: Comfortable, movable clothing skills. These more advanced cheerleaders will perform in the Dance/Cheer Winter Concert. Clothing: Comfortable, movable clothing and tennis shoes. For your child's safety, please pull their hair back. No gum or jewelry, please.

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