



Location

123 North Center Street
Lehi, UT 84043

P 385.201.1065

Hours

Monday - Friday
9:00 am - 1:00 pm

Pumpkin Spice and Everything Nice!

As the leaves change color and the weather cools down, the Senior Center welcomes you to join a class, play bunco or come eat lunch with us.

We love seeing you and hope you are all doing well.

Check out this newsletter for details on all our offerings. Can't wait to have you join us!

Website www.lehi-ut.gov/recreation/seniors

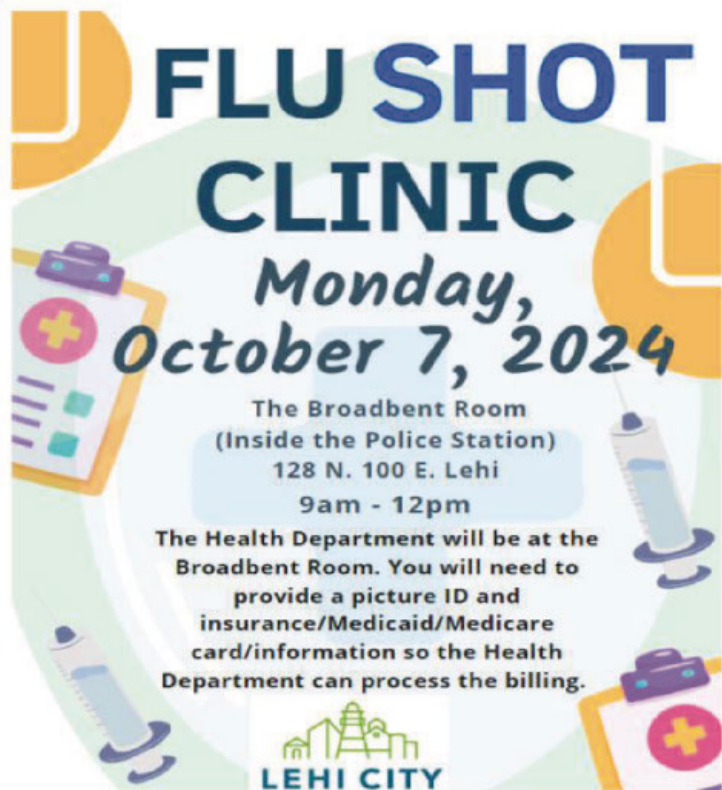
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CLASSES & CLUBS

****Classes with a red asterisk require call-ahead registration***

Lunch * <i>Call by noon the day before to make a reservation</i>	Monday - Friday (must reserve) Served at Noon.
Tai Chi Class	Mondays 9:30 a.m.
Watercolor Class * -	<i>Tuesday, October 1,8 from Septembers class. October 15, 22, and 29 Starts at 9:30 a.m.</i> <i>4 classes per sessions</i> <i>-Must sign up and pay in full to hold your spot</i> <i>- Seating Limited</i> -Advanced Watercolor also available. Let us know if you are interested or have questions.
Crochet Club	Tuesdays 10:15 a.m.
Sit and Fit	Wednesdays 11:00a.m.
Line Dancing	Fridays 10:00 a.m. NO LINE DANCE 10/25
BINGO	Tuesdays 11:30 a.m. Fridays 11:30 a.m.
Bunco Bash	<i>Wednesday, October 11, 12:30 p.m.</i>
Monday Movie Mania	<i>Monday, October 21, 12:30 p.m.</i> "Beetlejuice"

UPCOMING EVENTS



FLU SHOT CLINIC
Monday,
October 7, 2024

The Broadbent Room
(Inside the Police Station)
128 N. 100 E. Lehi
9am - 12pm

The Health Department will be at the Broadbent Room. You will need to provide a picture ID and insurance/Medicaid/Medicare card/information so the Health Department can process the billing.

LEHI CITY



LEHI SENIOR CENTER
HALLOWEEN COLORING CONTEST
STARTING OCTOBER 1
CHOOSE BETWEEN 5 PICTURES TO COLOR. ENTRIES MUST BE TURNED IN BY OCTOBER 22. WINNERS WILL BE ANNOUNCED OCTOBER 25, DURING OUR SHINDIG. PLEASE WRITE YOUR NAME ON BACK OF ENTRY.



Bunco Bash -

Wednesday, October 11

12:30 pm at the Senior Center

Join us for a great game of Bunco.

Bunco is a fun and easy game to learn. It can be played in teams or as individuals.

Those coming are encouraged to bring their own set of 3 dice. Score cards (and dice, if needed) will be provided.

Prizes are available for participants. Please have a current Senior Center Membership to participate.

Monday Movie Mania!

Monday, October 21, 2024

12:30 pm at the Senior Center

This month, we will watch the classic Halloween movie, "Beetlejuice." The spirits of a deceased couple are harassed by an unbearable family that has moved into their home, and hire a malicious spirit to drive them out. A small popcorn or treat will be provided during the movie.

Enjoy the show!



HAPPY BIRTHDAY



Wayne Peck	October 1
Kim Hutchins	October 5
Sandra Garrard	October 9
Nancy Clark	October 12
Susanna Lew	October 16
Miranda Arcida	October 19
Linda Parker	October 22
Gene Burkner	October 24
Colette Casper	October 26
Maurine Beck	October 30

October Birthday Celebration

Friday, October 18

We will sing to celebrate during lunch.

Reserve your lunch for *Friday, October 18* to enjoy a sweet treat. *Be sure to call ahead to reserve your lunch before Thursday at noon.*

If we've missed your birthday, let us know so we can update our records.



WONKA WEDNESDAYS

For the month of October, we are starting "Wonka Wednesdays!" Each Wednesday for lunch, we will hide Golden Tickets on the lunch table or under plates. If you are the lucky winner, you can give the ticket to an employee and receive a prize or treat!

You must sign up for lunch ahead of time to be eligible to win. Good luck and see you soon!

Match Answers

K	1. Hannibal Lector
O	2. Norman Bates
C	3. Jack Torrance
R	4. Darth Vader
P	5. Agent Smith
I	6. Lord Voldemort
Q	7. Sauron
S	8. T-1000
B	9. Jocker
N	10. Annie Wilkes
L	11. Michael Myers
T	12. Patrick Bateman
E	13. HAL 9000
H	14. Jigsaw
D	15. Scar
F	16. Biff Tannen
J	17. Hans Gruber
A	18. Xenomorph
M	19. John Doe
G	20. Michael Corleone



Happy Halloween!

HALLOWEEN MATCH THE VILLAIN



Match Answers on page 4

- | | |
|----------------------------|-------------------------|
| _____ 1. Hannibal Lector | A. Alien |
| _____ 2. Norman Bates | B. Batman |
| _____ 3. Jack Torrance | C. The Shinning |
| _____ 4. Darth Vader | D. Lion King |
| _____ 5. Agent Smith | E. Space Odyssey |
| _____ 6. Lord Voldemort | F. Back to the future |
| _____ 7. Sauron | G. The Godfather |
| _____ 8. T-1000 | H. Saw |
| _____ 9. Jocker | I. Harry Potter |
| _____ 10. Annie Wilkes | J. Die Hard |
| _____ 11. Michael Myers | K. Silence of the Lambs |
| _____ 12. Patrick Bateman | L. Halloween |
| _____ 13. HAL 9000 | M. SE7EN |
| _____ 14. Jigsaw | N. Misery |
| _____ 15. Scar | O. Psycho |
| _____ 16. Biff Tannen | P. The Matrix |
| _____ 17. Hans Gruber | Q. Lord of the Rings |
| _____ 18. Xenomorph | R. Star Wars |
| _____ 19. John Doe | S. Terminator |
| _____ 20. Michael Corleone | T. American Psycho |

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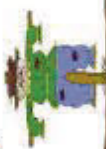








Call 800-950-9952



OCTOBER LUNCH MENU

JAN - SENIOR CENTER 385-201-1065

OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p>  <p>Chicken over Quinoa Green Peas Fruit Cocktail Cookie Bar</p>	<p>2</p>  <p>Meatloaf Mashed Potatoes/Gravy Tossed Salad w/ Dressing Orange Brownie</p>	<p>3</p>  <p>Biscuits & Sausage Gravy Eggs Tater Tots Fruit Crisp</p>	<p>4</p>  <p>Sloppy Joes w/Bun Pork & Beans Mixed Vegetables Cottage Cheese w/Fruit</p>	
<p>7</p> <p>Sausage Bake Green Beans Tossed Salad w/Dressing Roll Applesauce</p> 	<p>8</p> <p>Chicken Salad Wrap Pasta Salad Pickles Peaches</p> 	<p>9</p> <p>Kalua Pork Hawaiian Rice Black Beans Pineapple Roll</p> 	<p>10</p> <p>Roast Turkey Mashed Potatoes/Gravy Carrots Fruit Cocktail Roll</p> 	<p>11</p> <p>Beef Stroganoff w/ Rice Carrots Tossed Salad w/ Dressing Apple Crisp</p> 
<p>14</p> <p>Swedish Meatballs Rice Broccoli Orange Roll / Cookie</p> 	<p>15</p> <p>Honey Baked Ham Scalloped Potatoes Beets Jello w/Fruit Roll</p> 	<p>16</p> <p>Beef & Vegetable Soup Tossed Salad w/ Dressing Corn Bread Apple Crisp</p> 	<p>17</p> <p>Malibu Chicken Au Gratin Potatoes Broccoli Jello w/Fruit Roll</p> 	<p>18</p> <p>Salisbury Steak Mashed Potatoes / Gravy Mixed Vegetables Mandarin Oranges & Roll BIRTHDAY CELEBRATION</p> 
<p>21</p> <p>Teriyaki Beef Bowl Steamed Rice Broccoli Pineapple Roll</p> 	<p>22</p> <p>Country Fried Steak Mashed Potatoes/Gravy Mixed Vegetables Apple Corn Bread</p> 	<p>23</p> <p>Lemon Pepper Chicken Steamed Rice Tossed Salad w/ Dressing Carrots Apple</p> 	<p>24</p> <p>Beef Taco Salad Black Beans w/Cheese Lettuce, Salad, Ranch Applesauce Tortilla Chips</p> 	<p>25</p> <p>Roast Pork Loaded Mashed Potatoes Beets / Roll Fruit Cocktail</p> 
<p>28</p> <p>Fish Filets w/ Tartar Sauce Potato Wedges Mixed Vegetables Orange Cookie Bar</p> 	<p>29</p> <p>BBQ Pulled Pork w/ Bun Baked Beans Coleslaw Applesauce</p> 	<p>30</p> <p>Creamed Chicken w/ Rice Cheese, Chow Mein Noodles, Coconut Peas Pineapple</p> 	<p>31</p> <p>My Mummy's Chili Corn & Carrots Cottage Cheese w/ Fruit Corn Bread Halloween Cookie Bar</p> 	<p>Oct 1 Cr of Potato Oct 2-4 Vegetable Beef Soup Oct 7-11 Chef's Salad Oct 14-15 Chicken Noodle Oct 16-18 Cr of Broccoli Oct 21-25 Chef's Salad Oct 28-29 Cr of Potato Oct 30-31 Vegetable Beef Soup</p>

ACTIVITIES CALENDER

ACTIVITIES CALENDAR

OCTOBER 2024









Happy Halloween



Happy Halloween

TO REGISTER FOR ACTIVITIES CALL : 385-201-2349

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Watercolor Class- 9:30am Crochet Club - 10:15am Bingo 11:30am</p>	<p>2</p> <p>Sit-and-Fit 11:00am</p>	<p>3</p> <p>Halloween Express Pre-registering required</p>	<p>4</p> <p>Line Dance - 10 am Bingo 11:30am 11-12 Blood Pressure Clinic <i>sponsored by Dignity Health</i></p>	
<p>7</p> <p>Tai Chi -9:30am ADV. Watercolor-9:30am Flu Shot Clinic 9am - 12pm Halloween Express Pre-registering required</p>	<p>8</p> <p>Watercolor Class- 9:30am Crochet Club - 10:15am Bingo 11:30am</p>	<p>9</p> <p>Sit-and-Fit 11:00am 12:30 - BUNCO BASH</p>	<p>10</p> <p>Line Dance - 10 am Bingo 11:30am</p>	
<p>14</p> <p>ADV. Watercolor-9:30am Tai Chi -9:30 am </p>	<p>15</p> <p>Watercolor Class- 9:30am Crochet Club - 10:15am Bingo 11:30am </p>	<p>16</p> <p>Sit-and-Fit 11:00am</p>	<p>17</p> <p>Line Dance - 10 am Bingo 11:30am 12:30 Birthday Celebration </p>	
<p>21</p> <p>Tai Chi -9:30am ADV. Watercolor-9:30am 12:30 Monday Movie Mania! "Beetlejuice!" </p>	<p>22</p> <p>Watercolor Class- 9:30am Crochet Club - 10:15am Bingo 11:30am Spooky Shindig sign up due</p>	<p>23</p> <p>Sit-and-Fit 11:00am</p>	<p>24</p> <p>NO LINE DANCE Spooky Senior Shindig 11am - 1pm </p>	
<p>28</p> <p>Tai Chi -9:30am ADV. Watercolor-9:30am </p>	<p>29</p> <p>Watercolor Class- 9:30am Crochet Club - 10:15am Bingo 11:30am</p>	<p>30</p> <p>Sit-and-Fit 11:00am</p>	<p>31</p> <p>Happy HALLOWEEN </p> <p style="text-align: center;">Upcoming Event: Thanksgiving Luncheon</p>	

Happy Halloween!

JOIN US FOR OUR ANNUAL

SPOOKY
Senior
shindig

FRIDAY 25 OCT

11:00AM - 1:00PM

PRIZES FOR COSTUME
CONTEST AND
GHOSTLY GAMES

PLEASE RSVP
BY OCTOBER 22
385-201-1065



FALL FOLIAGE 9.12.2024



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Train Trip!

**Pre-registering
required**

Halloween express



**OCTOBER 3RD
OR 7TH 2024**



- **MEET AT THE SENIOR CENTER AT 4:30PM FOR DINNER. (CHICK-FILL-A SANDWICH, WATER, CHIPS, AND A TREAT)**

- **5:15pm leave for Heber.**

- **6:30pm board train. Our ride will take us to the Decker Bay Village as we search for the ghost who's been haunting the train.**

- **8:30PM BACK ON THE BUS**

***SORRY, NO REFUNDS**

\$30

Includes:
Dinner, bus,
and train

FALL FOLIAGE 9.19.24



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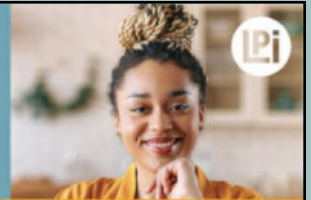
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