















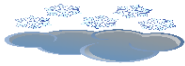




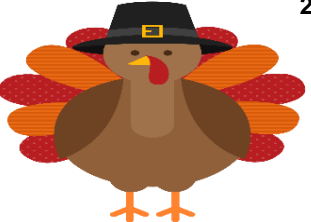




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ALTERNATE MEALS</b>				
Nov 1 Vegetable Beef Nov 4-8 Chef's Salad Nov 12 Chicken Noodle Nov 13-15 Cr of Broccoli Nov 18-22 Chef's Salad	Nov 25-26 Cr of Potato Nov 27 Vegetable Beef  <b>Turkey Sandwich w/ Soup</b>			Sloppy Joes w/Bun Pork & Beans Mixed Vegetables Cottage Cheese w/Fruit  
Malibu Chicken Au Gratin Potatoes Green Beans Jello w/Fruit Roll  	Beef Taco Salad Pinto Beans w/Cheese Lettuce, Salad, Ranch Applesauce Tortilla Chips  	Kalua Pork Hawaiian Rice Broccoli Pineapple Roll  	Chicken Salad Wrap Pasta Salad Pickle Peaches  	Roast Beef Mashed Potatoes / Gravy Beets Jello w/Fruit Roll  
	Creamed Chicken w/ Rice Cheese, Chow Mein Noodles, Coconut Peas Pineapple  	Meatloaf Mashed Potatoes/Gravy Tossed Salad w/ Dressing Apple Roll  	Chicken over Quinoa Green Peas Fruit Cocktail Cookie Bar  	Beef & Vegetable Soup Tossed Salad w/ Dressing Corn Bread Applesauce  <b>BIRTHDAY CELEBRATION</b> 
Fish Filets w/ Tartar Sauce Potato Wedges Mixed Vegetables Orange Cookie Bar  	Country Fried Steak Mashed Potatoes/Gravy Mixed Vegetables Apple Corn Bread  	Lemon Pepper Chicken Steamed Rice / Carrots Tossed Salad w/ Dressing Pears Cookie  	Beef Stroganoff w/ Quinoa Carrots Tossed Salad w/ Dressing Apple Crisp  	Roast Turkey Mashed Potatoes/Gravy Carrots / Stuffing Mandarin Oranges / Roll Pumpkin Cookie
Teriyaki Beef Bowl Brown Rice Broccoli Pineapple Roll  	BBQ Pulled Pork w/ Bun Black Beans Coleslaw Applesauce  	Swedish Meatballs Quinoa Veggies Applesauce Roll  		

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Roast Pork  
 Loaded Mashed Potatoes  
 Beets / Roll  
 Fruit Cocktail

Oct 1 Cr of Potato  
 Aug 5-6 Vegetable Beef  
 Oct 2-4 Vegetable Beef Soup  
 Oct 7-11 Chef's Salad  
 Oct 14-15 Chicken Noodle  
 Oct 16-18 Cr of Broccoli  
 28-29 Cr of Potato  
 30-31 Vegetable Beef Soup

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