

LEHI LEDGER

November 2024



Gratitude in Action

WRITTEN BY COUNCILOR MICHELLE STALLINGS



Not long ago while attending a conference, we heard from Aron Ralston, the mountaineer whose arm was pinned by a boulder while hiking in Utah. When he was announced as the speaker, I wasn't sure I wanted to hear the details of his story. What he had to do to survive was unimaginable- and not something I wanted to imagine! Though parts were difficult to listen to, I'm glad I

did. In his moment of utmost despair, accepting that he would die, Aron said he took out his video camera to say his last goodbyes to his parents. In remembering and thanking them for a life well lived he said he was overcome with a sense of profound gratitude. He discovered in that moment his despair was gone. He came to realize a truth: you cannot simultaneously hold despair and gratitude in your heart. Gratitude displaces despair. I too believe that gratitude is a powerful force. In this month of Thanksgiving, I want to express my gratitude for the people of our community.

One of the best parts of serving on the city council is getting to know so many people and seeing the good they do. During Lehi's Day of Service as my husband and I helped at the cemetery, it warmed my heart to see families out serving together - I had to smile at the little helpers struggling to carry heavy pieces of sod and proudly plopping them down to fill in bare spots.

City Information

INFORMATION CENTER: 385.201.1000
LEGACY CENTER: 385.201.2000
POLICE: 385.201.1005
FIRE: 385.201.1081
LIBRARY: 385.201.1050
POWER: 385.201.1040
STREETS: 385.201.1900
UTILITIES: 385.201.1000
WATER: 385.201.1900
LITERACY CENTER: 385.201.1060
SENIOR CENTER: 385.201.1065

 Rohit Rawat



At CERT (Community Emergency Response Team) training meetings I was invited to attend, I gained a great appreciation for the many volunteers willing to leave the safety of their homes to use their skills and training to help during emergencies and disasters.

I appreciate the residents who attend city council meetings or send emails informing us of concerns and seeking solutions. I know it's not easy to step up to that podium and speak, but we appreciate your involvement and desire to make our community a better place.

Of course I am grateful for our first responders. Earlier this year I was able to participate in the Police Citizens' Academy and Fire Ops. Both were incredible experiences. Getting that small glimpse into the challenges they face greatly increased my respect and appreciation for their service.

Finally, a shout out to all our city employees! I appreciate their expertise, friendliness, and love for what they do. Since being on the city council, I've seen the time they put in after-hours and on weekends- time they could be with their families. That service is noted and appreciated.

There are so many good people doing good things. For each of you, I am grateful.

- Michelle Stallings

Library News

Library Ofrenda

Saturday, November 2nd 10:00 am - 12:00 pm

Come see our ofrenda celebrating loved ones of staff and patrons that have passed on.



November Closures

November 11th-Veterans Day

November 27th-Closing at 5 p.m.

November 28th-30th-Closed for the Thanksgiving holiday.

November Book Clubs

Chapter Chats (**a book club for kids!**) Ages 7+

Tues, November 12th 4:00-4:45 pm

Insignificant Events in the Life of a Cactus
by Dusti Bowling

Book Club

Wed, November 13th 6:30-7:30 pm

The Unhoneymooners
by Christina Lauren

Library Hours:

Monday-Thursday 9 am-8 pm

Friday-10 am-6 pm & Saturday-10 am to 4 pm

Closed Sundays and the last Saturday of each month

For more information, please visit our website

www.lehi-ut.gov/library

Literacy Center

Our Fall 2024 ABC Pre-K Session continues through the month of November and finishes up in December. Registration for Spring 2025 ABC Session opens on our website December 2.

The ABC Pre-K program is a kindergarten readiness program for 4 year old students who will be attending kindergarten next year. Classes are 2 hours twice a week either Monday/Wednesday OR Tuesday/Thursday from 9:30 a.m. to 11:30 a.m.

Our current After-School Session will be ending this month. Open registration for our Winter After-School Session will be held on November 13 & 14 from 2:30 pm to 5:30 pm. Our Winter Session will begin December 2 & 3 and will only offer classes at the 4 p.m. & 5 p.m. hours.

The After-School program offers free reading and math classes for Lehi students in K - 4th grade. Classes are 45 minutes twice a week either Monday/Wednesday OR Tuesday/Thursday.

Upcoming Dates

November 11 & 12 - Fall After-School Session Last Day

November 13 & 14 - Winter After-School Session Open Registration (2:30 p.m. - 5:30 p.m.)

November 27 & 28 - Closed for Thanksgiving Holiday

For updates and information visit:

www.lehi-ut.gov/recreation/literacy/

www.facebook.com/LehiLiteracyCenter



BALLOT RETURN OPTIONS:

- By Mail
 - Curbside Dropbox (**Lehi location: 128 N 100 E**)
 - In Person on Election Day:
- (**Lehi location: Lehi Public Safety Building, 128 N 100 E.**)

www.utahcounty.gov/Dept/clerk/elections

Lehi City November Events

11/05

Municipal General
Election Day

11/12

City Council Meeting
7 p.m. @ City Hall

11/14

Planning Commission
7 p.m. @ City Hall

**11/23 &
11/24**

Thanksgiving
City offices will be
closed.

Senior Center

News & Updates:

We will be closed and no meals will be served on Veterans Day on November 11, 2024.

Weekly Classes:

Monday: Tai Chi 9:30 a.m.

Monday: Advanced Watercolor 9:30 a.m.

Tuesday: Watercolor 9:30 a.m.

Tuesday: Crochet Cub 10:15 a.m.

Tuesday: Bingo 11:30 a.m.

Wednesday: Sit and Fit 11:00 a.m.

Friday: Line Dance 10 a.m. (Nov. 8 and 15)

Friday: Bingo 11:30 a.m. (Nov. 1, 8, and 15)

Daily Lunches (Monday-Friday):

Meals are available with required reservations. Call 385-201-1065 and leave a message. A \$4 donation per meal is encouraged. Lunch is served at noon.

Special Events and Activities:

November 11- In honor of Veteran's Day, the Lehi Senior Center will be closed and no meals served on this day.

November 13 – BUNCO Bash 12:30 p.m. A fun, easy game with dice at the Senior Center.

November 15 – Birthday Celebration: cupcake or treat with lunch. Must sign up by November 14 to receive a meal and treat. *Note the date change due to holidays.

November 18 - Monday Movie Mania, "Adeline" 12:30 p.m. at the Senior Center.

November 22 – Thanksgiving Luncheon Celebration. (Must sign up by Monday, November 19.) 11 a.m.-1 p.m.

November 28-29– Closed for the Thanksgiving holiday.

Check out the Lehi Senior Center webpage online www.lehi-ut.gov/recreation/seniors/ or visit our Facebook page [@LehiSeniorCenter](https://www.facebook.com/LehiSeniorCenter) to see details about meals, events, and our newsletter.

 Elisa Mahe



November 15 & 16 at 5:30 pm

MAGICAL MUSEUM



UTAH SOUTHERN RAILROAD TRAIN DEPOT

Historical Marker Unveiling

Saturday, November 16, 2024

10 a.m.

Utah Southern Railroad
Train Depot
225 E. State St.



LACE UP & LET'S SKATE!

Come join us this winter at
Lehi's Ice skating rink

OPENING DAY

 SATURDAY
09 NOV, 2024

HOURS

 MON-FRI: 5-10 PM
SAT: 11 AM - 11 PM



LEHI SPORTS COMPLEX
200 W. 700 S.

RECREATION NEWS

We have lots of exciting activities happening this Fall and Winter!
Don't miss out!

BLACK FRIDAY ANNUAL MEMBERSHIP SALE 10% OFF

Take advantage of a fantastic opportunity to buy a membership 10% OFF! November 29 & 30 only! You can purchase these on-line or at the front desk. Don't miss out! **Benefits:** Sports gyms, weight & cardio room, indoor track, aquatics center, aerobics and cycling classes, locker rooms, member only hours, rock climbing, 10% Off some program and sport registrations, weight & cardio room orientation.

ICE RINK

Opening NOVEMBER 9! Join us this season for some ice skating fun! We're thrilled to announce a larger ice rink for everyone to enjoy. We're offering classes in Learn to Skate, Beginning Hockey, and Advanced Skating Skills. You can find us at the Lehi Sports Complex, located at 2000 W 700 S.

WOMEN'S ON WEIGHTS CLASS

This class will provide the proper guidelines that will target and improve total body strength. This course lasts for three months. In three months, you will be taught different training principles of strength training.

Sessions: January 7, 2025 thru March 25, 2025.

Classes: Tuesday and Thursday, 10:30-11:30 a.m.

Lehi res. \$155: Non res. Fee: \$185

Online Registration Begins: November 7, 2024.

WEIGHT ROOM AND CARDIO ROOM ORIENTATION

The Legacy Center offers an instructional class on the use of our equipment.

Classes: First Thursday of the month

Time: 6pm Fee: Free for passholders; included in the daily fee for non-members.

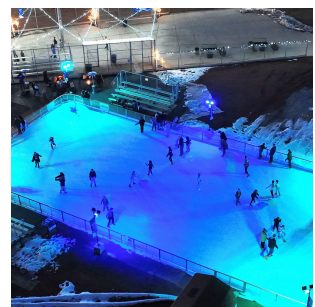
Group meets on the mezzanine area next to the weight room.

Programs Registering NOW!

Babysitters Course, Gymnastics, Itty Bitty All Ball, Martial Arts, Preschool, Science Class, Swimming Lessons.

Programs & Sports Registering SOON!

Adult Gun Safety Course, Adult Art Night, Babysitters Course, Dance, Cheer, First Aid and CPR Course, Hunter Safety, Itty Bitty Basketball, Lego Class, Crafting Boys Baseball, Co-Ed Volleyball, Girls Softball, Indoor Soccer, Machine Pitch, Spring Outdoor Soccer, Spring Wrestling, T-Ball/Coach Pitch, Track & Field and More.



Follow the Legacy Center on Facebook at
www.facebook.com/lehilegacycenter or
at www.lehi-ut.gov/legacy-center/.