

ADULT MASTERS SWIMMING

WINTER 2025

	WHERE	Lehi Legacy Pool
	WHO	Ages 16 yrs and up
J	WHEN	Mon/Wed/Fri
D		mornings
2	TIME	5:00 a.m6:00 a.m.
	FEES	Resident \$37
		Non-Resident \$50

REGISTRATION

Register at the Legacy Center Registration Office during normal business hours or online at <u>www.lehi-ut.gov/legacy-center</u>. *Registration fee is non-refundable, nontransferable.*

MORE INFORMATION

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For more information contact the Legacy Center Front Desk at 385.201.2000.



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ADULT MASTERS SWIM TEAM

This Masters swimming is an organized adult swim workout for those 16 yrs and older who are *advanced swimmers*.

PARTICIPATION REQUIREMENTS

In order to participate on the Adult Masters Swim team, swimmers must:

- Be proficient in the freestyle and able to swim 500 yards continuously.
- Must be evaluated by coach.

SESSION	DATES	REGISTRATION STARTS
Session 1	Jan. 3, 6, 8, 10, 13, 15, 17 , 20, 22,	December 15
	24, 27, 29, 31	
Session 2	Feb. 3, 5, 7, 10, 12, 14, 17, 19, 21,	December 15
	24, 26, 28	
Session 3	March 3, 5, 7, 10, 12, 14, 17, 19,	December 15
	21, 24, 26, 28, 31	
Session 4	April 2, 4, 7, 9, 11, 14, 16, 18, 21,	December 15
	23, 25, 28, 30	
Session 5	May 2, 5, 7, 9, 12, 14, 16, 19, 21,	December 15
	23, 26, 28, 30	

EQUIPMENT REQUIREMENTS

- Fins
- Pull Buoy
- Paddles

• Center mount snorkel (optional but highly recommended) For more information and evaluations, please contact Diane Peterson dipeterson@lehi-ut.gov.

> 10% OFF Registration with a Legacy Center Membership.

LEHI LEGACY CENTER

123 North Center Street 385.201.2000 www.lehi-ut.gov/legacy-cente

REGISTRATION HOURS

Monday-Friday 8 a.m. to 6 p.m. or register online.