



# TEAM GYMNASTICS

WINTER 2025

## QUICK FACTS

WHERE .....Legacy Center East Gym

WHEN .....Monthly Program

FEES .....Fees dependent on class length and days per week (see fee schedule).

## REGISTRATION

For current students, a balance is created each month and must be paid online by the 20th to secure a spot for the next month. Balances not paid will be taken off your account and you will lose your guaranteed spot. There is still an opportunity to register by going into the registration office. You will be limited to classes with available space. Visit the Registration Office during normal business hours.

## MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



Like us on Facebook!  
[www.facebook.com/lehilegacycenter](http://www.facebook.com/lehilegacycenter)



Follow us on Instagram!  
[lehilegacy](https://www.instagram.com/lehilegacy)

## TEAM/PRE-TEAM STARZ SCHEDULE

LEVEL	DAY	TIME
Boys level 2 (1 day)	Tuesday	5:15-6:45 p.m.
Boys level 2 (2 days)	Tuesday and Friday	5:15-6:45 p.m.
Boys Team L3	Monday, Wednesday and Friday	3:45-5:45 p.m.
Boys Team L4+	Monday	3:45-5:45 p.m.
	Wednesday and Friday	3:45-6:45 p.m.
Girls Recreation Team (1 day)	Tuesday or Thursday	5:15-6:45 p.m.
Girls Recreation Team (2 days)	Tuesday and Thursday	5:15-6:45 p.m.
Mini Twinklerz A	Tuesday and Thursday	11:15-12:15 p.m.
Mini Twinklerz B (1 Day)	Monday	10:00-11:00 a.m.
Mini Twinklerz B (2 Day)	Monday and Friday	10:00-11:00 a.m.
Twinklerz	Monday and Wednesday	5:30-6:45 p.m.
Sparklerz	Monday and Wednesday	4:30-5:45 p.m.
Hot Shotz	Monday and Wednesday	3:45-5:15 p.m.
All Starz	Tuesday and Thursday	3:45-5:15 p.m.
Team - Bronze	Tuesday and Thursday	5:15-6:45 p.m.
Team Silver	Monday and Wednesday	3:45- 6:45 p.m.
Team Silver	Tuesday and Thursday	3:45-6:45 p.m.
Team Gold	Monday, Wednesday and Friday	3:45-6:45 p.m.

## MONTHLY FEE SCHEDULE

CLASS	HOURS	RESIDENT FEE	NON RESIDENT FEE
Mini Twinklerz B (1 day)	1	\$47	\$71
Boys L2 (1 day), Recreation Team (1 day)	1.5	\$60	\$72
Mini Twinklerz A, Mini Twinklerz B (2 days)	2	\$70	\$84
Twinklerz, Sparklerz	2.5	\$87	\$104
Hot Shotz, All Starz, Bronze, Boys L2 (2 days), Rec Team (2 day)	3	\$102	\$122
Silver M/W, Boys Team L3, Sliver T/Th	6	\$151	\$181
Boys Team L4+	8	\$178	\$214
Gold/ Platinum	9	\$202	\$242

**NO CLASS DATES: February 17 (Presidents Day), March 31 - April 5 (Spring Break), May 2-8 (Gymnastic Showcase), May 26 (Memorial Day) - Other dates may be announced**  
Additional assessment fee for girls competing. See coach for details.

LEHI LEGACY CENTER

123 North Center Street

385.201.2000

[www.lehi-ut.gov/legacy-center](http://www.lehi-ut.gov/legacy-center)



REGISTRATION HOURS

Monday-Friday

8 a.m. to 6 p.m.

or register online.

# Pre-Team and Team Information

## STARZ Pre-Team

Pre-Team gymnasts learn skills and routines at a quicker pace. The pre-team environment is designed to push the gymnasts to prepare them for our Excel gymnastics team experience. Our mission is to teach our athletes to build gymnastics skill confidence, personal goal setting, and pushing themselves to work and improve. STARZ includes, Mini Twinklerz A & B, Twinklerz, Sparklerz, Hot Shotz, All Starz

Placement on Pre-team is through coach recommendation or the annual Pre-Team try-outs held in April.

## Recreation Team

Recreation Team focuses on more advanced fundamentals with an emphasis on form and technique. Gymnasts will also complete flexibility, strengthening, and conditioning required to complete the skills safely. Recreation Team class is designed for higher level gymnasts to continue to participate in the sport regardless of their desire to participate on the competitive gymnastics team.

This class must have a placement evaluation or coach recommendation and transfer form to register.

## Girls Team Xcel Program

Lehi Legacy Gymnastics participates in the Xcel gymnastics program through USAG. Our Xcel gymnastics team offers athletes the opportunity of competing with less time commitment required compared to other programs. Our team program mission is to highlight the individuality and unique skills each gymnast. We teach our athletes to build gymnastics skill confidence, personal goal setting, and pushing themselves to work and improve. We compete the following Xcel Levels, Bronze, Silver, Gold and Platinum as needed.

Placement on Team is through coach recommendation or the annual Team try-outs held in April.

## Boys Team Program

Lehi Legacy Gymnastics participates in Boys NGA program. Our boys team gymnastics program offers athletes the competitive team experience with less time commitment required compared with other gymnastics programs. Athletes registered for team classes are expected to compete (see coaches for more details) Lehi Legacy Boys team mission is to build high level gymnasts while teaching mental and physical discipline, goal setting, and team unity. We compete the following levels, advanced level 1, Level 2, Level 3, Level 4, Level 5 and Level 6.

Placement on Boys Team is through coach recommendation the annual Team try-out

LEHI LEGACY CENTER  
123 North Center Street  
385.201.2000

[www.lehi-ut.gov/legacy-center](http://www.lehi-ut.gov/legacy-center)



REGISTRATION HOURS

Monday-Friday  
8 a.m. to 6 p.m.  
or register online.