



## Location

123 North Center Street  
Lehi, UT 84043  
P 385.201.1065

## Hours

Monday - Friday  
9:00 am - 1:00 pm

**Website** [www.lehi-ut.gov/recreation/seniors](http://www.lehi-ut.gov/recreation/seniors)

[www.facebook.com/LehiSeniorCenter](https://www.facebook.com/LehiSeniorCenter)

## HAPPY NEW YEAR!!!

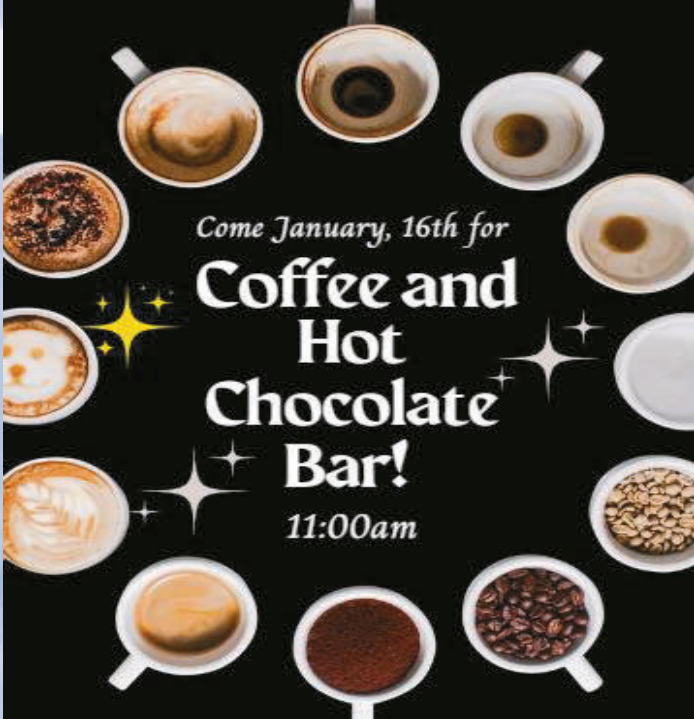


As we begin the year 2025, we look forward to the future and what it may bring. We will do our best to make this year a great one filled with hope and fun for our seniors.

We will continue our classes, events and trips, but we also continue to love our seniors! Let's make this a year to remember!

# Happenings!

Ctrl Shift Z

**Scott Christensen**  
will be at the Lehi Senior Center  
**January 9th** at  
12:00p.m. He will be offering free Laser or balancing treatments.



Come January, 16th for  
**Coffee and Hot Chocolate Bar!**  
11:00am

## Bunco Bash Online

Wednesday, January 15th 12:30 pm at the Senior Center.



Join us for a great game of Bunco.

Bunco is a fun and easy game to learn. It can be played in teams or as individuals.

Those coming are encouraged to bring their own set of 3 dice. Score cards (and dice, if needed) will be provided.

Prizes are available for participants. Please have a current membership to participate.

## Monday Movie Mania!

Monday, January 27th  
12:30 pm



Join us for a movie with Monday Movie Mania!

This month we will show “Angels in the Outfield.” Foster kid, Roger, loves the Anaheim Angels, even though they're the worst team in the major leagues. His estranged dad promises to reunite the family if the Angels make it to the World Series, so Roger decides to ask for some divine help and prays that his favorite team will turn things around.

Bring your own snacks if you'd like, but we will have popcorn!

# HAPPY BIRTHDAY



## January Birthday Celebration

Friday, January 24

RSVP for Lunch by noon on Thursday to get a sweet treat.

On the 4th Friday of the month (unless otherwise noted), we have a small birthday celebration for all those who had a birthday during the month!

We will sing to celebrate during lunch.

*Be sure to call ahead to reserve your lunch. for Friday, January 24 to enjoy a sweet treat.*

If we've missed your birthday, let us know so we can update our records.

Have a great month!



Andrea Warner	January 1
Susan Snyder	January 5
Vinnie Harker	January 6
Diane Atwood	January 6
Shirley LaVigne	January 6
Terry Dayhuff	January 7
Alan Bird	January 9
Kerry Jacobson l	January 12
Nancy Gardner	January 12
Silvia Andrade	January 14
Harold Lantz	January 16
Kathryn McCarrel	January 22
Nancy Roberts	January 23
Ron Craft	January 25
Jana Rampton	January 26
Glenda Peck	January 30



Blood pressure Clinic 1/3/25

11:00-12:00

Sponsored by Dignity Health



Stay Tuned: Our flexible Events and Tips Schedule is available for 2025.

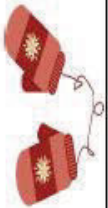
JANUARY	FEBRUARY	MARCH	APRIL
<b>EVENTS and TRIPS:</b> E: Noon's Years Party T: Dinner and Bowling	<b>EVENTS and TRIPS:</b> E: Cupid's Craze T: Aquarium and Dinner	<b>EVENTS and TRIPS:</b> E: St. Patick's Day Event T: Wendover	<b>EVENTS and TRIPS:</b> E: Game Day T: Dinner and Show

JANUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Jan 2-3 Vegetable Beef</p> <p>Jan 6-10 Chef's Salad</p> <p>Jan 13-14 Chicken, Noodle</p> <p>Jan 15-17 Cr of Broccoli</p> <p>Jan 21-24 Chef's Salad</p>	<p>Jan 27-28 Chicken Noodle</p> <p>Jan 29-31 Cr of Potato</p> <p>Turkey Sandwich w/ Soup</p>	<p>Happy New Year</p>	<p>Chicken over Quinoa</p> <p>Green Peas</p> <p>Fruit Cocktail</p> <p>Cookie Bar</p>	<p>Sloppy Joes w/Bun</p> <p>Pork &amp; Beans</p> <p>Mixed Vegetables</p> <p>Cottage Cheese w/Fruit</p>
<p>Malibu Chicken</p> <p>Au Gratin Potatoes</p> <p>Green Beans</p> <p>Jello w/Fruit Roll</p>	<p>Beef Taco Salad</p> <p>Pinto Beans w/Cheese</p> <p>Lettuce, Salad, Ranch</p> <p>Applesauce</p> <p>Tortilla Chips</p>	<p>Kalua Pork</p> <p>Hawaiian Rice</p> <p>Broccoli</p> <p>Pineapple Roll</p>	<p>Roast Turkey</p> <p>Mashed Potatoes/Gravy</p> <p>Carrots</p> <p>Fruit Cocktail Roll</p>	<p>Teriyaki Beef Bowl</p> <p>Brown Rice</p> <p>Broccoli</p> <p>Mandarin Oranges Roll</p>
<p>Country Fried Steak</p> <p>Mashed Potatoes/Gravy</p> <p>Mixed Vegetables</p> <p>Apple Roll</p>	<p>Chicken Salad Wrap</p> <p>Pasta Salad</p> <p>Pickles</p> <p>Peaches</p>	<p>Meatloaf</p> <p>Mashed Potatoes/Gravy</p> <p>Fruit Cocktail Roll</p> <p>Brownie</p>	<p>Fish Filets w/ Tartar Sauce</p> <p>Potato Wedges</p> <p>Mixed Vegetables</p> <p>Orange Roll</p>	<p>Roast Beef</p> <p>Mashed Potatoes/Gravy</p> <p>Mixed Vegetables</p> <p>Apple Roll</p>
<p>Martin Luther King Jr. Day</p>	<p>Lemon Pepper Chicken</p> <p>Steamed Rice</p> <p>Carrots</p> <p>Pears</p> <p>Cookie</p>	<p>Biscuits &amp; Sausage Gravy</p> <p>Scrambled Eggs</p> <p>Tater Tots</p> <p>Cottage Cheese &amp; Peaches</p>	<p>Beef Stroganoff</p> <p>Rice</p> <p>Tossed Salad w/ Dressing</p> <p>Carrots</p> <p>Apple Crisp</p>	<p>Beef &amp; Vegetable Stew</p> <p>Tossed Salad w/ Dressing</p> <p>Corn Bread</p> <p>Applesauce</p> <p><b>BIRTHDAY CELEBRATION</b></p>
<p>Honey Baked Ham</p> <p>Scalloped Potatoes</p> <p>Beets</p> <p>Peaches Roll</p>	<p>3 Bean Beef Chili</p> <p>Carrots</p> <p>Apple</p> <p>Corn Bread</p>	<p>Orange Chicken</p> <p>Rice</p> <p>Stir Fry Vegetables</p> <p>Tropical Fruit</p> <p>Fortune Cookie</p>	<p>Swedish Meatballs</p> <p>Quinoa</p> <p>California Blend Vegetables</p> <p>Applesauce</p> <p>Roll</p>	<p>BBQ Chicken</p> <p>Au Gratin Potatoes</p> <p>Green Beans</p> <p>Orange Roll</p>

# ACTIVITIES CALENDAR

TO REGISTER FOR  
ACTIVITIES CALL LACEY:  
385-201-2349



## ACTIVITIES CALENDAR JANUARY 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Sign up NOW for 2025 Membership \$10</p>	<p>2</p> <p>Line Dance 10:00am Bingo 11:30am 11-12 Blood Pressure Clinic sponsored by Dignity Health</p>	<p>3</p> <p>Line Dance - 10:00am Bingo 11:30pm</p>	<p>4</p> <p>Line Dance - 10:00am Bingo 11:30am</p>	<p>5</p> <p>Line Dance - 10:00am Bingo 11:30am</p>
<p>6</p> <p>Adv. Watercolor 9:30am Tai Chi- 9:30am</p>	<p>7</p> <p>Watercolor Class 9:30am Crochet Club- 10:15am Bingo 11:30am</p>	<p>8</p> <p>Sit and Fit 11:00am</p>	<p>9</p> <p>Scott Christensen with <b>RX REHAB</b> PHYSICAL THERAPY 12:00pm</p>	<p>10</p> <p>Line Dance - 10:00am Bingo 11:30am</p>
<p>13</p> <p>Adv. Watercolor 9:30am Tai Chi- 9:30am</p>	<p>14</p> <p>Crochet Club- 10:15am Bingo 11:30am Watercolor Class 9:30am Sign up due for Bowling and Dinner</p>	<p>15</p> <p>HOT CHOCOLATE AND COFFEE BAR 11:00AM Bowling and Dinner 2:15pm</p>	<p>16</p> <p>HOT CHOCOLATE AND COFFEE BAR 11:00AM Bowling and Dinner 2:15pm</p>	<p>17</p> <p>Line Dance - 10:00am Bingo 11:30am</p>
<p>20</p> <p>Senior Center Closed</p>	<p>21</p> <p>NO WATERCOLOR Crochet Club- 10:15am Bingo 11:30am</p>	<p>22</p> <p>Sit and Fit 11:00am</p>	<p>23</p> <p>Sit and Fit 11:00am</p>	<p>24</p> <p>Line Dance - 10:00am Bingo 11:30am Birthday Celebration</p>
<p>27</p> <p>Adv. Watercolor 9:30am Tai Chi- 9:30am 12:30 Monday Movie Mania," Angels in the Outfield"</p>	<p>28</p> <p>Watercolor Class 9:30am Crochet Club- 10:15am Bingo 11:30am</p>	<p>29</p> <p>Sit and Fit 11:00am</p>	<p>30</p> <p>Sit and Fit 11:00am</p>	<p>31</p> <p>Line Dance - 10:00am Bingo 11:30am</p>

## WEEKLY CLASSES & CLUBS

***\*Classes with a red asterisk require call-ahead registration***

Lunch * <i>Call by noon the day before to make a reservation</i>	Monday - Friday (must reserve) Served at Noon.
Tai Chi Class	Mondays 9:30 a.m. At the Senior Center
Watercolor Class * - (In-person)	<i>Tuesday, January 7, 14, and 28</i> <i>(4 sessions per class) 9:30 a.m.</i> At the Senior Center  Advanced Watercolor also available. Let us know if you are interested or have questions.
Crochet Club	Tuesdays 10:15 a.m.
Sit and Fit	Wednesday's, 11:00am
Line Dancing	Fridays 10:00 a.m.
BINGO	Tuesdays 11:30a.m.  Friday 11:30 a.m.
Bunco Bash	<i>Wednesday, January 15 12:30 p.m.</i>
Monday Movie Mania	<i>Monday, January 27, 12:30 p.m.</i>

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Lehi Senior Citizens Center, Lehi, UT

D 4C 05-1178

# Christmas and "Noon" Years party!

